

積分の計算《基本演習》 (NO.2) 解答例 1枚目

1. 次の不定積分を求めよ。

$$(1) \int \sqrt{x} dx$$

$$\begin{aligned} (\text{解}) \int \sqrt{x} dx &= \int x^{\frac{1}{2}} dx = \frac{1}{\frac{1}{2}+1} x^{\frac{1}{2}+1} + C \\ &= \frac{1}{3} x^{\frac{3}{2}} + C = \frac{2}{3} \sqrt{x^3} + C = \frac{2}{3} x \sqrt{x} + C \quad " \end{aligned}$$

$$(2) \int (4x+3)^5 dx$$

$$\begin{aligned} (\text{解}) \int (4x+3)^5 dx &= \frac{1}{4} \cdot \frac{1}{5+1} (4x+3)^{5+1} + C \\ &= \frac{1}{4} \cdot \frac{1}{6} (4x+3)^6 + C = \frac{1}{24} (4x+3)^6 + C \quad " \end{aligned}$$

(別解) $t = 4x+3$ とおくと

$$\frac{dt}{dx} = 4 \quad dt = 4dx \quad \frac{1}{4} dt = dx$$

$$\int (4x+3)^5 dx = \int t^5 \cdot \frac{1}{4} dt = \frac{1}{4} \int t^5 dt$$

$$= \frac{1}{4} \cdot \frac{1}{6} t^6 + C = \frac{1}{24} (4x+3)^6 + C \quad "$$

$$(3) \int \left(\frac{1}{\sqrt{x^2+2}} - \frac{1}{x^2+2} \right) dx$$

$$(\text{解}) \int \frac{1}{\sqrt{x^2+2}} dx - \int \frac{1}{x^2+(\sqrt{2})^2} dx$$

$$= \log|x+\sqrt{x^2+2}| - \frac{1}{\sqrt{2}} \operatorname{Tan}^{-1} \frac{x}{\sqrt{2}} + C \quad "$$

$$(4) \int \frac{x^2+1}{x^3+3x+1} dx$$

$$(\text{解}) t = x^3+3x+1 \text{ とおくと } \frac{dt}{dx} = 3x^2+3$$

$$dt = 3(x^2+1)dx \quad \frac{1}{3}dt = (x^2+1)dx$$

$$\text{与式} = \int \frac{1}{x^3+3x+1} \cdot (x^2+1)dx$$

$$= \int \frac{1}{t} \cdot \frac{1}{3} dt = \frac{1}{3} \int \frac{1}{t} dt = \frac{1}{3} \log|t| + C$$

$$= \frac{1}{3} \log|x^3+3x+1| + C \quad "$$

$$(\text{別解}) \int \frac{x^2+1}{x^3+3x+1} dx = \frac{1}{3} \int \frac{3x^2+3}{x^3+3x+1} dx$$

$$= \frac{1}{3} \int \frac{(x^3+3x+1)'}{x^3+3x+1} dx$$

$$= \frac{1}{3} \log|x^3+3x+1| + C \quad "$$

$$(5) \int x \sin x dx$$

$$(\text{解}) \int \sin x dx = -\cos x, \quad \int \cos x dx = \sin x$$

であるから、部分積分法によって

$$\int x \sin x dx = x \cdot (-\cos x) - \int (x)' \cdot (-\cos x) dx$$

$$= -x \cos x - \int 1 \cdot (-\cos x) dx$$

$$= -x \cos x + \int \cos x dx = -x \cos x + \sin x + C \quad "$$

2. 次の定積分の値を求めよ。

$$(1) \int_1^2 \frac{1}{x^3} dx$$

$$(\text{解}) \int_1^2 \frac{1}{x^3} dx = \int_1^2 x^{-3} dx = \left[\frac{1}{-3+1} x^{-3+1} \right]_1^2$$

$$= \left[\frac{1}{-2} x^{-2} \right]_1^2 = -\frac{1}{2} \left[\frac{1}{x^2} \right]_1^2 = -\frac{1}{2} \left(\frac{1}{2^2} - \frac{1}{1^2} \right)$$

$$= -\frac{1}{2} \left(\frac{1}{4} - 1 \right) = -\frac{1}{2} \left(-\frac{3}{4} \right) = \frac{3}{8} \quad "$$

$$(2) \int_{\frac{\pi}{6}}^{\frac{\pi}{3}} \sin x dx$$

$$(\text{解}) \int_{\frac{\pi}{6}}^{\frac{\pi}{3}} \sin x dx = \left[-\cos x \right]_{\frac{\pi}{6}}^{\frac{\pi}{3}} = -\left[\cos x \right]_{\frac{\pi}{6}}^{\frac{\pi}{3}}$$

$$= -\left(\cos \frac{\pi}{3} - \cos \frac{\pi}{6} \right) = -\frac{1}{2} + \frac{\sqrt{3}}{2} = \frac{\sqrt{3}-1}{2} \quad "$$

$$(3) \int_{\sqrt{2}}^{\sqrt{3}} \frac{1}{\sqrt{4-x^2}} dx$$

$$(\text{解}) \text{ 与式} = \int_{\sqrt{2}}^{\sqrt{3}} \frac{1}{\sqrt{2^2-x^2}} dx = \left[\operatorname{Sin}^{-1} \frac{x}{2} \right]_{\sqrt{2}}^{\sqrt{3}}$$

$$= \operatorname{Sin}^{-1} \frac{\sqrt{3}}{2} - \operatorname{Sin}^{-1} \frac{\sqrt{2}}{2} = \operatorname{Sin}^{-1} \frac{\sqrt{3}}{2} - \operatorname{Sin}^{-1} \frac{1}{\sqrt{2}}$$

$$= \frac{\pi}{3} - \frac{\pi}{4} = \frac{4}{12}\pi - \frac{3}{12}\pi = \frac{\pi}{12} \quad "$$

$$(4) \int_0^1 xe^{2x} dx$$

$$(\text{解}) \int e^{2x} dx = \frac{1}{2} e^{2x} \text{ であるから、部分積分法によって}$$

$$\int_0^1 xe^{2x} dx = \left[x \cdot \frac{1}{2} e^{2x} \right]_0^1 - \int_0^1 (x)' \cdot \frac{1}{2} e^{2x} dx$$

$$= \frac{1}{2} \left[xe^{2x} \right]_0^1 - \int_0^1 1 \cdot \frac{1}{2} e^{2x} dx$$

$$= \frac{1}{2} (e^2 - 0) - \frac{1}{2} \int_0^1 e^{2x} dx = \frac{1}{2} e^2 - \frac{1}{2} \left[\frac{1}{2} e^{2x} \right]_0^1$$

$$= \frac{1}{2} e^2 - \frac{1}{4} \left[e^{2x} \right]_0^1 = \frac{1}{2} e^2 - \frac{1}{4} (e^2 - e^0)$$

$$= \frac{2}{4} e^2 - \frac{1}{4} (e^2 - 1) = \frac{1}{4} (2e^2 - e^2 + 1) = \frac{1}{4} (e^2 + 1) \quad "$$

$$(5) \int_{\sqrt{3}}^2 \sqrt{4-x^2} dx$$

(解)

$$\text{与式} = \int_{\sqrt{3}}^2 \sqrt{2^2 - x^2} dx$$

$$= \frac{1}{2} \left[x \sqrt{2^2 - x^2} + 2^2 \sin^{-1} \frac{x}{2} \right]_{\sqrt{3}}^2$$

$$= \frac{1}{2} \left[x \sqrt{4-x^2} + 4 \sin^{-1} \frac{x}{2} \right]_{\sqrt{3}}^2$$

$$= \frac{1}{2} \left\{ \left(2 \cdot 0 + 4 \cdot \sin^{-1} 1 \right) - \left(\sqrt{3} \cdot 1 + 4 \cdot \sin^{-1} \frac{\sqrt{3}}{2} \right) \right\}$$

$$= \frac{1}{2} \left\{ \left(0 + 4 \cdot \frac{\pi}{2} \right) - \left(\sqrt{3} + 4 \cdot \frac{\pi}{3} \right) \right\}$$

$$= \pi - \frac{\sqrt{3}}{2} - \frac{2}{3}\pi = \frac{\pi}{3} - \frac{\sqrt{3}}{2}$$

(別解)

$$\text{与式} = \int_{\sqrt{3}}^2 \sqrt{2^2 - x^2} dx$$

$x = 2 \sin t$ とおくと

x	$\sqrt{3} \rightarrow 2$
t	$\frac{\pi}{3} \rightarrow \frac{\pi}{2}$

$$\frac{dx}{dt} = 2 \cos t \quad dx = 2 \cos t dt$$

$$\sqrt{2^2 - x^2} = \sqrt{2^2 - (2 \sin t)^2} = 2 \sqrt{1 - \sin^2 t}$$

$$= 2\sqrt{\cos^2 t} = 2|\cos t| = 2 \cos t$$

$$\text{与式} = \int_{\sqrt{3}}^2 2 \cos t \cdot 2 \cos t dt = 4 \int_{\sqrt{3}}^2 \cos^2 t dt$$

$$= 4 \int_{\sqrt{3}}^2 \frac{1 + \cos 2t}{2} dt$$

$$= 2 \int_{\sqrt{3}}^2 (1 + \cos 2t) dt$$

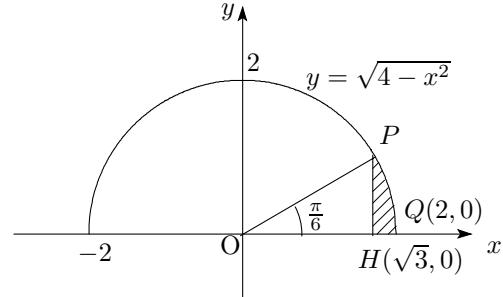
$$= 2 \left[t + \frac{1}{2} \sin 2t \right]_{\frac{\pi}{3}}^{\frac{\pi}{2}}$$

$$= 2 \left\{ \left(\frac{\pi}{2} + \frac{1}{2} \sin \pi \right) - \left(\frac{\pi}{3} + \frac{1}{2} \sin \frac{2\pi}{3} \right) \right\}$$

$$= 2 \left(\frac{\pi}{2} + \frac{1}{2} \cdot 0 - \frac{\pi}{3} - \frac{1}{2} \cdot \frac{\sqrt{3}}{2} \right)$$

$$= \pi - 2 \cdot \frac{\pi}{3} - \frac{\sqrt{3}}{2} = \frac{\pi}{3} - \frac{\sqrt{3}}{2}$$

《参考》



斜線の部分の面積を S とすると

$$S = \text{扇形 } OPQ - \triangle OPH$$

$$= \frac{1}{2} \cdot 2^2 \cdot \frac{\pi}{6} - \frac{1}{2} \cdot \sqrt{3} \cdot 2 \sin \frac{\pi}{6}$$

$$= \frac{1}{2} \cdot 4 \cdot \frac{\pi}{6} - \frac{1}{2} \cdot \sqrt{3} \cdot 2 \cdot \frac{1}{2} = \frac{\pi}{3} - \frac{\sqrt{3}}{2}$$

$$\int_{\sqrt{3}}^2 \sqrt{4-x^2} dx = S = \frac{\pi}{3} - \frac{\sqrt{3}}{2}$$

《参考》

a が正の定数のとき、

次の公式を部分積分法によって導びけ。

$$\int \sqrt{a^2 - x^2} dx = \frac{1}{2} \left(x \sqrt{a^2 - x^2} + a^2 \sin^{-1} \frac{x}{a} \right)$$

(解)

$$I = \int \sqrt{a^2 - x^2} dx = \int 1 \cdot \sqrt{a^2 - x^2} dx$$

$$= x \sqrt{a^2 - x^2} - \int x \cdot (\sqrt{a^2 - x^2})' dx$$

$$= x \sqrt{a^2 - x^2} - \int x \cdot \frac{-2x}{2\sqrt{a^2 - x^2}} dx$$

$$= x \sqrt{a^2 - x^2} - \int \frac{-x^2}{\sqrt{a^2 - x^2}} dx$$

$$= x \sqrt{a^2 - x^2} - \int \frac{a^2 - x^2 - a^2}{\sqrt{a^2 - x^2}} dx$$

$$= x \sqrt{a^2 - x^2} - \int \sqrt{a^2 - x^2} dx + a^2 \int \frac{1}{\sqrt{a^2 - x^2}} dx$$

$$= x \sqrt{a^2 - x^2} - I + a^2 \sin^{-1} \frac{x}{a}$$

$$2I = x \sqrt{a^2 - x^2} + a^2 \sin^{-1} \frac{x}{a}$$

$$I = \frac{1}{2} \left(x \sqrt{a^2 - x^2} + a^2 \sin^{-1} \frac{x}{a} \right)$$

$$\int \sqrt{a^2 - x^2} dx = \frac{1}{2} \left(x \sqrt{a^2 - x^2} + a^2 \sin^{-1} \frac{x}{a} \right)$$

積分の計算《基本演習》 (NO.2) 解答例 2枚目

3. 次の不定積分を求めよ。

$$(1) \int (\sqrt{x} - x^2) dx$$

$$(\text{解}) \text{ 与式} = \int (x^{\frac{1}{2}} - x^2) dx$$

$$= \frac{1}{\frac{3}{2}} x^{\frac{3}{2}} - \frac{1}{3} x^3 + C$$

$$= \frac{2}{3} \sqrt{x^3} - \frac{1}{3} x^3 + C = \frac{2}{3} x \sqrt{x} - \frac{1}{3} x^3 + C \quad "$$

$$(2) \int (2x - 3)^6 dx$$

$$(\text{解}) \int (2x - 3)^6 dx$$

$$= \frac{1}{2} \cdot \frac{1}{7} (2x - 3)^7 + C = \frac{1}{14} (2x - 3)^7 + C \quad "$$

(別解) $t = 2x - 3$ とおくと

$$\frac{dt}{dx} = 2 \quad dt = 2dx \quad \frac{1}{2} dt = dx$$

$$\int (2x - 3)^6 dx = \int t^6 \cdot \frac{1}{2} dt = \frac{1}{2} \int t^6 dt$$

$$= \frac{1}{2} \cdot \frac{1}{7} t^7 + C = \frac{1}{14} (2x - 3)^7 + C \quad "$$

$$(3) \int \left(\frac{1}{x^2 + 9} - \frac{1}{\sqrt{x^2 + 9}} \right) dx$$

$$(\text{解}) \text{ 与式} = \int \frac{1}{x^2 + 3^2} dx - \int \frac{1}{\sqrt{x^2 + 9}} dx$$

$$= \frac{1}{3} \tan^{-1} \frac{x}{3} - \log |x + \sqrt{x^2 + 9}| + C \quad "$$

$$(4) \int \frac{x}{(x^2 + 1)^2} dx$$

$$(\text{解}) t = x^2 + 1 \text{ とおくと } \frac{dt}{dx} = 2x$$

$$dt = 2xdx \quad \frac{1}{2} dt = xdx$$

$$\text{与式} = \int \frac{1}{(x^2 + 1)^2} \cdot xdx = \int \frac{1}{t^2} \cdot \frac{1}{2} dt$$

$$= \frac{1}{2} \int t^{-2} dt = \frac{1}{2} \cdot \frac{1}{-2+1} t^{-2+1} + C$$

$$= -\frac{1}{2} \cdot t^{-1} + C = -\frac{1}{2t} + C = -\frac{1}{2(x^2 + 1)} + C \quad "$$

(別解) $x = \tan \theta$ とおくと,

$$\frac{dx}{d\theta} = \sec^2 \theta \quad dx = \sec^2 \theta d\theta$$

$$(x^2 + 1)^2 = (\tan^2 \theta + 1)^2 = (\sec^2 \theta)^2$$

$$\int \frac{x}{(x^2 + 1)^2} dx = \int \frac{\tan \theta}{(\sec^2 \theta)^2} \sec^2 \theta d\theta$$

$$= \int \tan \theta \cdot \frac{1}{\sec^2 \theta} d\theta$$

$$= \int \frac{\sin \theta}{\cos \theta} \cdot \cos^2 \theta d\theta = \int \sin \theta \cos \theta d\theta$$

$$= \frac{1}{2} \int 2 \sin \theta \cos \theta d\theta = \frac{1}{2} \int \sin 2\theta d\theta$$

$$= \frac{1}{2} \left(-\frac{1}{2} \cos 2\theta \right) + C = -\frac{1}{4} (2 \cos^2 \theta - 1) + C$$

$$= -\frac{1}{2} \left(\frac{1}{\sec^2 \theta} \right) + \frac{1}{4} + C = -\frac{1}{2(1+\tan^2 \theta)} + \frac{1}{4} + C$$

$$= -\frac{1}{2(1+x^2)} + \frac{1}{4} + C$$

$$\frac{1}{4} + C = C \text{ とおくと,}$$

$$\text{与式} = -\frac{1}{2(x^2 + 1)} + C \quad "$$

$$(5) \int x \cos x dx$$

$$(\text{解}) \int \cos x dx = \sin x, \quad \int \sin x dx = -\cos x$$

であるから、部分積分法によって

$$\int x \cos x dx = x \cdot \sin x - \int (x)' \cdot \sin x dx$$

$$= x \sin x - \int \sin x dx$$

$$= x \sin x - (-\cos x) + C$$

$$= x \sin x + \cos x + C \quad "$$

4. 次の定積分の値を求めよ。

$$(1) \int_{-1}^2 (x + 2 - x^2) dx$$

$$(\text{解}) \int_{-1}^2 (x + 2 - x^2) dx$$

$$= \left[\frac{1}{2} x^2 + 2x - \frac{1}{3} x^3 \right]_{-1}^2$$

$$= \left(2 + 4 - \frac{8}{3} \right) - \left(\frac{1}{2} - 2 + \frac{1}{3} \right) = \frac{9}{2} \quad "$$

$$(\text{別解}) \text{ 与式} = - \int_{-1}^2 (x^2 - x - 2) dx$$

$$= - \int_{-1}^2 (x + 1)(x - 2) dx = - \int_{-1}^2 \{x - (-1)\}(x - 2) dx$$

$$= - \left\{ -\frac{1}{6} (2 - (-1))^3 \right\} = \frac{1}{6} \cdot 3^3 = \frac{9}{2} \quad "$$

$$(2) \int_0^{\frac{\pi}{4}} (\cos x - \sin x) dx$$

$$(\text{解}) \int_0^{\frac{\pi}{4}} (\cos x - \sin x) dx$$

$$= \left[\sin x - (-\cos x) \right]_0^{\frac{\pi}{4}} = \left[\sin x + \cos x \right]_0^{\frac{\pi}{4}}$$

$$= \left(\sin \frac{\pi}{4} + \cos \frac{\pi}{4} \right) - (\sin 0 + \cos 0)$$

$$= \left(\frac{1}{\sqrt{2}} + \frac{1}{\sqrt{2}} \right) - (0 + 1) = \sqrt{2} - 1 \quad "$$

$$(3) \int_0^3 \frac{1}{\sqrt{9-x^2}} dx$$

$$\begin{aligned} (\text{解}) \text{ 与式} &= \int_0^3 \frac{1}{\sqrt{3^2-x^2}} dx = \left[\sin^{-1} \frac{x}{3} \right]_0^3 \\ &= \sin^{-1} 1 - \sin^{-1} 0 = \frac{\pi}{2} - 0 = \frac{\pi}{2} \quad " \end{aligned}$$

$$(\text{別解}) \text{ 与式} = \int_0^3 \frac{1}{\sqrt{3^2-x^2}} dx$$

<計算>

$x = 0$ のとき	$x = 3$ のとき
$0 = 3 \sin \theta$	$3 = 3 \sin \theta$
$\sin \theta = 0$	$\sin \theta = 1$
$\theta = 0$	$\theta = \frac{\pi}{2}$

$$x = 3 \sin \theta \left(0 \quad \theta \quad \frac{\pi}{2} \right) \text{ とおくと}$$

$$\frac{dx}{d\theta} = 3 \cos \theta \quad dx = 3 \cos \theta d\theta \quad \begin{array}{c|cc} x & 0 & \rightarrow & 3 \\ \hline \theta & 0 & \rightarrow & \frac{\pi}{2} \end{array}$$

$$\begin{aligned} \sqrt{3^2-x^2} &= \sqrt{9-9 \sin^2 \theta} = \sqrt{9(1-\sin^2 \theta)} \\ &= \sqrt{9 \cos^2 \theta} = \sqrt{(3 \cos \theta)^2} = |3 \cos \theta| = 3 \cos \theta \end{aligned}$$

$$\text{与式} = \int_0^{\frac{\pi}{2}} \frac{1}{3 \cos \theta} \cdot 3 \cos \theta d\theta$$

$$= \int_0^{\frac{\pi}{2}} 1 d\theta = \left[\theta \right]_0^{\frac{\pi}{2}} = \frac{\pi}{2} \quad "$$

$$(4) \int_0^1 xe^{3x} dx$$

$$(\text{解}) \int e^{3x} dx = \frac{1}{3} e^{3x}$$

であるから、部分積分法によつて

$$\begin{aligned} \int_0^1 xe^{3x} dx &= \left[x \cdot \frac{1}{3} e^{3x} \right]_0^1 - \int_0^1 (x)' \cdot \frac{1}{3} e^{3x} dx \\ &= \frac{1}{3} \left[xe^{3x} \right]_0^1 - \int_0^1 1 \cdot \frac{1}{3} e^{3x} dx \\ &= \frac{1}{3} (e^3 - 0) - \frac{1}{3} \int_0^1 e^{3x} dx = \frac{1}{3} e^3 - \frac{1}{3} \left[\frac{1}{3} e^{3x} \right]_0^1 \\ &= \frac{1}{3} e^3 - \frac{1}{9} \left[e^{3x} \right]_0^1 = \frac{1}{3} e^3 - \frac{1}{9} (e^3 - e^0) \\ &= \frac{3}{9} e^3 - \frac{1}{9} (e^3 - 1) = \frac{1}{9} (2e^3 + 1) \quad " \end{aligned}$$

$$(\text{別解}) \int e^{3x} dx = \frac{1}{3} e^{3x} \text{ であるから,}$$

部分積分法によつて

$$\begin{aligned} \int xe^{3x} dx &= x \cdot \frac{1}{3} e^{3x} - \int (x)' \cdot \frac{1}{3} e^{3x} dx \\ &= \frac{1}{3} xe^{3x} - \int 1 \cdot \frac{1}{3} e^{3x} dx = \frac{1}{3} xe^{3x} - \frac{1}{3} \int e^{3x} dx \\ &= \frac{1}{3} xe^{3x} - \frac{1}{3} \cdot \frac{1}{3} e^{3x} = \frac{1}{9} (3x - 1) e^{3x} \\ &\int_0^1 xe^{3x} dx = \frac{1}{9} \left[(3x - 1) e^{3x} \right]_0^1 \\ &= \frac{1}{9} \{ 2 \cdot e^3 - (-1) \cdot e^0 \} = \frac{1}{9} (2e^3 + 1) \quad " \end{aligned}$$

《注意》(別解) では積分定数は省略してある。

参考 定積分の値を求める場合、

(別解) のように予め不定積分を求めて、その後で定積分の値を求めてよい。

$$(5) \int_0^4 \sqrt{16-x^2} dx$$

$$\begin{aligned} (\text{解}) \text{ 与式} &= \int_0^4 \sqrt{4^2-x^2} dx \\ &= \frac{1}{2} \left[x \sqrt{4^2-x^2} + 4^2 \sin^{-1} \frac{x}{4} \right]_0^4 \\ &= \frac{1}{2} \left\{ \left(4 \cdot \sqrt{0} + 16 \cdot \sin^{-1} 1 \right) - \left(0 \cdot \sqrt{16} + 16 \cdot \sin^{-1} 0 \right) \right\} \\ &= \frac{1}{2} \cdot 16 \cdot \sin^{-1} 1 = \frac{1}{2} \cdot 16 \cdot \frac{\pi}{2} = 4\pi \quad " \end{aligned}$$

$$(\text{別解}) \text{ 与式} = \int_0^4 \sqrt{4^2-x^2} dx$$

<計算>

$x = 0$ のとき	$x = 4$ のとき
$0 = 4 \sin \theta$	$4 = 4 \sin \theta$
$\sin \theta = 0$	$\sin \theta = 1$
$\theta = 0$	$\theta = \frac{\pi}{2}$

$$x = 4 \sin \theta \left(0 \quad \theta \quad \frac{\pi}{2} \right) \text{ とおくと}$$

$$\frac{dx}{d\theta} = 4 \cos \theta \quad dx = 4 \cos \theta d\theta$$

$$\begin{array}{c|cc} x & 0 & \rightarrow & 4 \\ \hline \theta & 0 & \rightarrow & \frac{\pi}{2} \end{array}$$

$$\sqrt{4^2-x^2} = \sqrt{16-16 \sin^2 \theta} = \sqrt{16(1-\sin^2 \theta)}$$

$$= \sqrt{16 \cos^2 \theta} = \sqrt{(4 \cos \theta)^2} = |4 \cos \theta| = 4 \cos \theta$$

$$\text{与式} = \int_0^{\frac{\pi}{2}} 4 \cos \theta \cdot 4 \cos \theta d\theta$$

$$= 16 \int_0^{\frac{\pi}{2}} \cos^2 \theta d\theta = 16 \int_0^{\frac{\pi}{2}} \frac{1+\cos 2\theta}{2} d\theta$$

$$= 8 \int_0^{\frac{\pi}{2}} (1+\cos 2\theta) d\theta = 8 \left[\theta + \frac{1}{2} \sin 2\theta \right]_0^{\frac{\pi}{2}}$$

$$= 8 \left\{ \left(\frac{\pi}{2} + \frac{1}{2} \sin \pi \right) - \left(0 + \frac{1}{2} \sin 0 \right) \right\}$$

$$= 8 \cdot \frac{\pi}{2} = 4\pi \quad "$$

参考 中心が原点で、半径 4 の円 $x^2+y^2=4^2$ の面積の $\frac{1}{4}$ であるから

$$\text{与式} = \int_0^4 \sqrt{4^2-x^2} dx$$

$$= \frac{1}{4} \times \pi \cdot 4^2 = 4\pi \quad "$$

